



Complex solution in diagnostic and treatment of food intolerance
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 e-mail: info@foodtest.hu

FOODTEST 200+ REQUEST FORM

Please, fill in all segments of the form using capital letters.

Patient's data:

First name:	
Surname:	
Mother's name:	
Date of birth:	
Address:	
Cell phone:	
E-mail (test results are submitted to this email address):	
Test mode	<input type="checkbox"/> normal <input type="checkbox"/> urgent
Date of blood sampling:	year month day hour

The test report and the data indicated on the request form are used only in connection with processing the food intolerance test. All the personal data are protected by Medical Partner Human Diagnostic Laboratory.

I have read and understood these conditions, and have made my decision to proceed accordingly.

.....
signature



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FOODTEST 200+ conditions

To get the most from your FOODTEST 200+, we ask that you read through the following information to make sure the test is right for you at this time.

FOODTEST 200+

FOODTEST is microarray-based laboratory diagnostic test for detecting food intolerances to 226 different foods even in a few blood drops.

Known Food Allergies

If you ever had a serious immediate hypersensitivity reaction to a specific food, this test may not be right for you. If you choose to proceed with the test, you need to know that your results may show no or little reaction to the food or foods you may previously have had a serious reaction to. In that case food allergy tests are recommended. Food intolerance and food allergy are two completely different types of food reactions!

You must continue to avoid foods you have had a previous serious reaction to, regardless of FOODTEST 200+ results.

False Negative Results

Note that avoidance of a specific food for more than a week or so before the test could result in no detectable reaction to that food. The explanation of the absence of a reaction in this case is that the body has not been exposed to that particular food recently, and therefore no antibodies have been produced. So, you may or may not have an intolerance to that food.

Prescription Drugs

Steroid (e.g. prednisone) or immunosuppressant drugs (e.g. methotrexate) which are commonly prescribed for autoimmune diseases (like rheumatoid arthritis and lupus), may affect the accuracy of your results. Please consult us if you take prescription drugs for an autoimmune disease.

Other medications have no effects on this test.

Testing Children

We do not advise testing children under 3 years of age, as the immune system of young children is not yet fully developed.

Pregnancy

We do not advise testing during pregnancy as the baby's developing immune system may affect mother's food reactions.

FOODTEST 200+ reporting

Samples are measured every Thursday. Test reports are sent the next day by e-mail (pdf. format). If your sample was received after the weekly deadline, you will get your test results on the following Friday.

In case your FOODTEST 200+ shows an elevated level of antibodies to a specific food, it is highly recommended to consult an expert before changing your diet.